



Partial knee center with inlay technique

Information for web site www.avoidtotalknee.com I have been in the practice of Orthopedics in Omaha, Nebraska since July 1985. I was raised in Rochester, Minnesota and had early exposure to Orthopedics as my father was in charge of the Orthopedic Training Program at the Mayo Clinic. My Undergraduate training was at the **University of Minnesota in Morris, Minnesota**. I attended Medical school at **Creighton University in Omaha**. My Orthopedic training was in Cleveland, Ohio at **Case Western Reserve University**. Following this, I took a Fellowship in Total Joint Replacement Surgery at the **Mayo Clinic** in 1984.

Approximately **70%** of my knee surgeries at this time are **partial knee replacements (uni-knee) through small incision** – called a mini knee incision. **In 2001 I began utilizing this approach**. As of **January 1, 2010** I have performed **1237** uni-knees with this incision. Candidates for this surgery are those that have relatively good range of motion of the knee and most of the pain is located to one particular part of the knee which is either the medial part or **“big toe” side of the knee** or the lateral or **“small toe” side of the knee**. If you are interested in this type of surgery I will get an **MRI scan** of your knee prior to surgery to see if you are a candidate. The rehabilitation is fairly rapid with many patients getting onto a cane by 1-2 weeks after surgery and not needing as much physical therapy. To learn more about this procedure visit my website www.avoidtotalknee.com .I perform **15 to 20 partial knee** replacements each month. **If you wish to make an appointment, call Kris at 1-402-361-5207.**

If you don't live in the Omaha area and would like to see if you might be a candidate for a partial knee replacement, send your knee x-rays along with the completed “knee information sheet” and mail it to: Dr. C.M. Kelly attn. Julie 17030 Lakeside Hills Plaza Suite 200 Omaha, NE 68130